



WEEKLY MUSIC MISSION

QUARTER 1 — FEEL IT! • LESSON 1 OF 36

Lesson 1 — The Heartbeat of Music

Be a BEAT DETECTIVE this week!

Your Mission

This week, find the beat in 3 different songs you hear — in the car, on TV, at the store, anywhere music is playing.

When you find it, tap it out: clap it, pat your knees on your leg, or nod your head. Try it with a fast song AND a slow song.

It can be your own secret mission — or you can tell everyone what you're doing and invite them to be Beat Detectives with you!

Bonus: teach the word BEAT to someone in your family. Show them how to find it in a song. You're the music teacher now!

YOUR NEW WORD THIS WEEK

BEAT

The steady heartbeat of music. It never stops and never changes speed — even when a song gets faster or slower, the beat itself stays steady and even.

For Parents

The single best thing you can do this week is use the word 'beat' casually whenever music is playing — in the car, at home, anywhere. 'Hey, can you find the beat?' is all it takes. That small habit, repeated over weeks, builds enormous musical intuition over time.